

Cultural Competence Checklist: Personal Reflection

Rating:

- 1 Strongly Agree
2 Agree
3 Neutral
4 Disagree
5 Strongly Disagree
-

This tool was developed to heighten your awareness of how you view clients from culturally and linguistically diverse (CLD) populations. There is no answer key: However, it will be important for you to review those responses which you rated “5” and “4”, even “3”.

I treat all my clients with respect for their culture, even though it may be different from my own.

I do not impose my beliefs and value systems onto my clients, their family Members or friends.

I believe that it is acceptable to speak a language other than English.

I accept my clients decisions as to the degree to which they choose to acculturate into the dominant culture.

I have no problem accepting and providing services to clients who are GBLT (Gay, Lesbian, Bisexual, or Transgender).

I am driven to respond to others’ insensitive comments or behaviors.

I do not participate in insensitive comments or behaviors.

I am aware that the roles family members play may differ between or by culture.

I recognize family members and other designees as decision makers for Services and support.

I respect non-traditional family structures (e.g. divorced parents, same gender parents, grandparents as caretakers, etc).

I understand the difference between a communication disability and a communication differences.

I understand how culture can impact child-rearing practices in:

Discipline

Dressing

Toileting

Feeding

Self-help skills

Expectations for the future

I understand the impact of culture on life activities such as:

Education

Family roles

Religion

Gender roles

Alternative medicine

Customs or superstitions

Employment

Perception of time

Views of wellness

Views of disabilities

The value of western medical treatment.

I understand my clients’ cultural norms may influence communication in many ways, including:

Eye contact

interpersonal space

Use of gestures

Comfort with silences

Turn-taking

Topics of conversation

Asking and responding to questions

Greetings

Interrupting

Use of humor

I understand that most people who have limited English skills and/or accents:

Have the same intellectual capacity as anyone else.

May be very capable of communicating clearly and effectively in their language.

While several sources were consulted in the development of this checklist, the following document inspired its design.
Goode T. D. (1989, revised 2002). Promoting cultural and linguistic competence self-assessment checklist for personnel providing services and supports in early intervention and childhood settings.