



THIS PUBLICATION IS DEDICATED TO ALL THE YOUNG PEOPLE WHO WILL BE AGING OUT OF THE FOSTER CARE SYSTEM.

WE KNOW YOU CAN MAKE IT.
WE HOPE WE CAN HELP IT HAPPEN.

YOU ARE THE FUTURE.



Thank you to the many people who contributed to this publication, including Nancy Caplan of the Office of Children's Services, Mary Coogan, Esq., Susan Esquilin, Ph.D. and her interns, Christine Monahan, Esq., members of the New Jersey Children in Court Improvement Committee, and the many dedicated volunteers representing Child Placement Review Boards across the state of New Jersey.

A very special thank you to the many young people who participated in focus groups where earlier drafts of this manual were reviewed.

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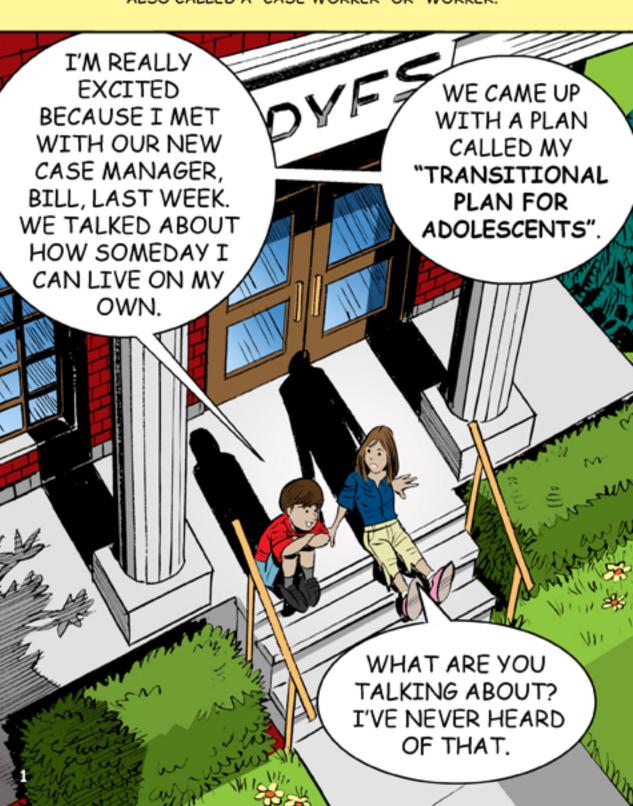
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This publication is cosponsored by the New Jersey Child Placement Advisory Council and the New Jersey State Bar Foundation, and made possible with funding from the New Jersey Child Placement Advisory Council and the IOLTA Fund of the Bar of New Jersey.

THIS GUIDE IS INTENDED TO GIVE INFORMATION TO TEENS INVOLVED WITH DYFS. IT EXPLAINS SOME OF THE PROGRAMS THAT MAY BE AVAILABLE TO HELP. IT ALSO TALKS ABOUT THE LAW AND THE RIGHTS OF TEENS. WHAT IS EXPLAINED IN THIS GUIDE MAY NOT BE THE SAME AS WHAT SOME TEENS HAVE ACTUALLY EXPERIENCED. NOTHING IN THIS GUIDE SHOULD BE CONSIDERED TO BE LEGAL ADVICE FROM A LAWYER. IF YOU HAVE LEGAL QUESTIONS THAT ARE SPECIFIC TO YOUR SITUATION, YOU SHOULD TRY TO TALK WITH A LAWYER AND ASK THEM THESE QUESTIONS.

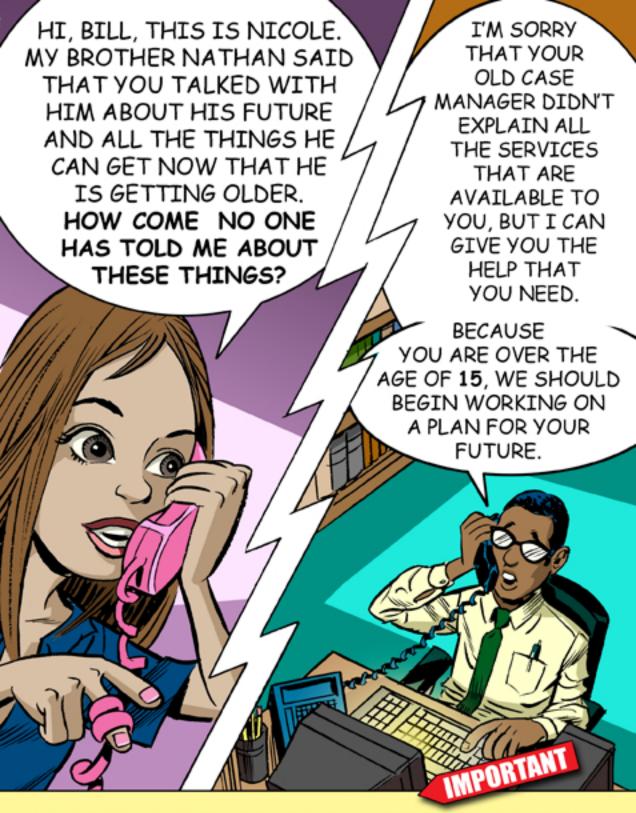


NATHAN AND NICOLE ARE BROTHER AND SISTER. THEY HAVE BEEN IN FOSTER CARE FOR SEVERAL YEARS BECAUSE THEIR PARENTS HAVE BEEN UNABLE TO TAKE CARE OF THEM. NICOLE IS 17 AND LIVES IN A GROUP HOME. NATHAN IS 15 AND LIVES IN A FOSTER HOME. THEY REGULARLY GET TO SEE EACH OTHER AT THE DYFS OFFICE. TWO WEEKS AGO THEY WERE GIVEN A NEW DYFS CASE MANAGER, ALSO CALLED A "CASE WORKER" OR "WORKER."





IF YOU ARE HAVING PROBLEMS WITH YOUR CASE MANAGER, CALL THE SUPERVISOR AND TELL THE SUPERVISOR YOUR PROBLEMS. IF THE SUPERVISOR IS NOT HELPFUL, CALL THE CASEWORK SUPERVISOR WHO IS ABOVE THE SUPERVISOR. WHEN YOU ARE HAVING TROUBLE REACHING SOMEONE AT DYFS BY PHONE, TRY GOING TO THE DYFS OFFICE. IF YOU CONTINUE TO HAVE PROBLEMS WITH DYFS, YOUR LAW GUARDIAN MAY BE ABLE TO HELP. YOU ALSO CAN CONTACT THE HELPLINE AT THE OFFICE OF THE CHILD ADVOCATE AT 877-543-7864 OR http://www.childadvocate.ni.gov.

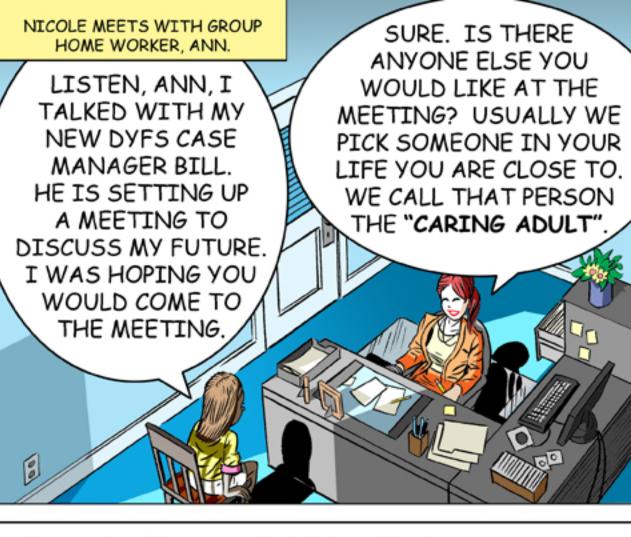


ALL YOUTH INVOLVED WITH DYFS SHOULD HAVE A TRANSITIONAL PLAN FOR ADOLESCENTS. EITHER YOUR DYFS CASE MANAGER OR A STAFF PERSON FROM YOUR GROUP HOME, LIFE SKILLS CLASS, OR TRANSITIONAL LIVING PROGRAM SHOULD START DEVELOPING A PLAN BEFORE YOU TURN 15. IF YOU ARE OVER 15 AND DO NOT HAVE A TRANSITIONAL PLAN FOR ADOLESCENTS, YOU SHOULD TALK TO YOUR DYFS CASE MANAGER. 3



IF DYFS CLOSES YOUR CASE BEFORE YOU TURN 21, DYFS MUST:

SEND YOU A LETTER 2 MONTHS BEFORE IT IS CLOSED. THE LETTER SHOULD SAY WHY THEY ARE CLOSING YOUR CASE; AND...
 YOU MUST SIGN A FORM SAYING THAT YOU WANT YOUR CASE CLOSED AND GIVE THE REASONS WHY YOU WANT IT CLOSED.
 IF YOUR CASE WAS CLOSED AFTER YOU TURNED 18 AND YOU ARE NOT YET 21, YOU MAY CALL DYFS AND HAVE YOUR CASE RE-OPENED IF YOU NEED HELP.



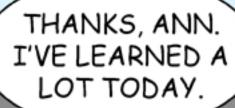
BETTY, A FAMILY FRIEND, HAS KEPT IN TOUCH WITH ME SINCE I LEFT HOME. I THINK I WOULD LIKE HER TO BE THE "CARING" PERSON FOR MY TRANSITION PLAN BECAUSE I FEEL SHE CARES ABOUT ME AND WE GET ALONG REALLY WELL.







YOUR DYFS RECORD ALSO INCLUDES INFORMATION ABOUT WHY YOU BECAME INVOLVED WITH DYFS. YOUR DYFS PLACEMENTS. AND INFORMATION ABOUT YOUR BIRTH FAMILY. YOU MAY NOT BE ABLE TO SEE ALL OF THESE RECORDS, BUT YOU CAN ASK QUESTIONS ABOUT THESE THINGS AND GET A REPORT FROM DYFS ABOUT YOUR BIRTH FAMILY AND YOUR TIME IN FOSTER CARE.



IMPORTANT

ASKING QUESTIONS IS THE BEST WAY TO GET IMPORTANT INFORMATION. IF YOU EVER HAVE QUESTIONS ABOUT WHAT IS GOING ON, YOU CAN ALWAYS ASK YOUR DYFS CASE MANAGER, YOUR LAW GUARDIAN, OR CAREGIVER.

SARAH, NICOLE'S LAW GUARDIAN, IS CALLING NICOLE TO CHECK IN BEFORE THE NEXT COURT HEARING.

HI NICOLE, I AM SARAH, YOUR LAW GUARDIAN. IN A FEW DAYS, I NEED TO GO TO COURT. I WANTED TO CHECK IN WITH YOU AND YOUR BROTHER TO SEE HOW EVERYTHING IS GOING. IS THERE ANYTHING YOU NEED OR IS ANYTHING GIVING YOU PROBLEMS? FOR STARTERS, HAS THE DYFS CASE MANAGER BEEN ARRANGING FOR YOU AND NATHAN TO SEE EACH OTHER?



NOTE ON LAW GUARDIANS: LAW GUARDIANS ARE LAWYERS FOR CHILDREN AND YOUTH AND ACT AS THEIR VOICE IN COURT. LAW GUARDIANS WORK IN TEAMS WITH INVESTIGATORS. ANY CHILD OR YOUTH INVOLVED IN A CASE IN COURT BECAUSE OF CHILD ABUSE OR NEGLECT (A "DYFS CASE") SHOULD HAVE A LAW GUARDIAN. NOT ALL YOUTH HAVE A CASE IN COURT. CHECK WITH YOUR CAREGIVER OR DYFS CASE MANAGER TO FIND OUT IF YOU HAVE A LAW GUARDIAN, AND HOW TO CONTACT YOUR LAW GUARDIAN IF YOU HAVE ONE.

ALWAYS REMEMBER THAT THE LAW SAYS THAT YOU HAVE THE RIGHT TO SEE YOUR BROTHERS AND SISTERS OR YOUR PARENTS ON A REGULAR BASIS. THE ONE EXCEPTION IS THAT YOU MAY NOT BE ABLE TO SEE YOUR BROTHERS AND SISTERS IF THEY HAVE BEEN ADOPTED.

ALSO REMEMBER THAT IN NEW JERSEY THERE IS A LAW CALLED THE CHILD PLACEMENT BILL OF RIGHTS. THIS LAW GIVES YOU MANY RIGHTS WHILE IMPORTANI YOU ARE IN FOSTER CARE.

CHILD PLACEMENT BILL OF RIGHTS Under this law, every child in foster care has some independent rights, including the right:

* To live in the same foster home with

brothers and sisters if possible;

*To have enough food to eat, clothes to wear and

*To stay in one place as much as possible;

*To see the DYFS case manager on a regular *To see a doctor and dentist and get medical and dental care;

*To get a good education;

*To be free from being physically restrained; *To have a plan to either return home or to find

another permanent home.



CHILD PLACEMENT REVIEW BOARDS IMPORTANT

If you are 14 and older, you are able to come to a Child Placement Review Board meeting. The Review Board is a group of trained volunteers from your community. Their job is to make sure that kids who are not living with their parents are in safe homes and getting the right kind of services from DYFS.

Review Board meetings are not formal like court. You and the Board talk together. The Review Board volunteers can help you understand your rights, listen to any issues you may have, help you locate resources such as schools and job training programs, and help you achieve your goals. They follow your case until you turn 21. You can come to a Review Board meeting with your DYFS case manager, the people with whom you are living, a friend, or just by yourself. After each meeting, the Review Board sends recommendations to a judge. You also can get a copy of these recommendations.

Your case manager can arrange for you to come to a Board meeting and arrange transportation if you need it. If you are interested in attending, you should talk with your case manager. You also can go on the Review Board's website - www.njcpac.org - to ask questions about Review Boards or other things that are not clear to you. If you leave an e-mail or other address you will get an answer.

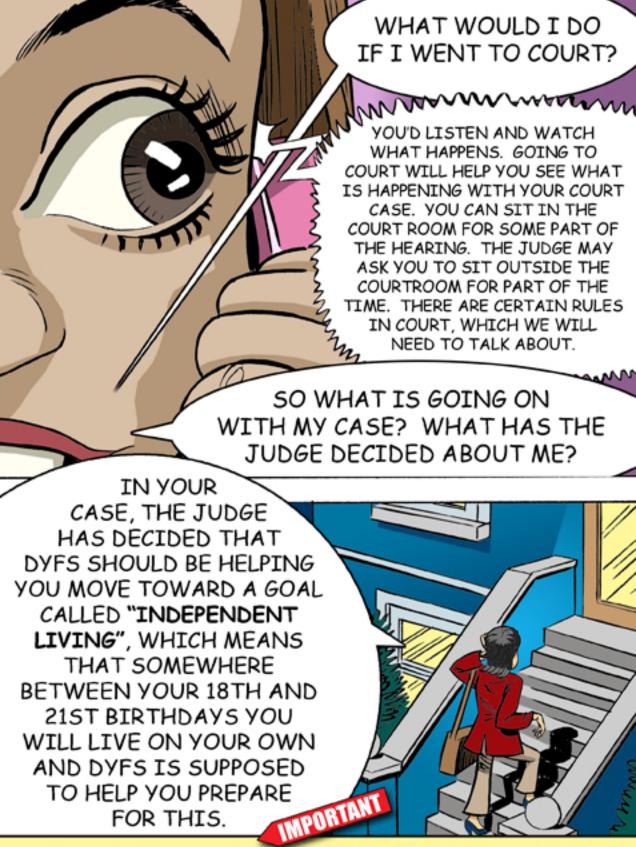
FEW MONTHS. AT THE HEARING, EVERYONE
INVOLVED WITH YOUR FAMILY GETS TOGETHER IN
FRONT OF THE JUDGE. AFTER THE JUDGE HEARS
FROM EVERYONE, THE JUDGE DECIDES WHAT IS
BEST FOR YOU AND YOUR BROTHER. IT IS
IMPORTANT FOR THE JUDGE TO HAVE ALL THE
INFORMATION ABOUT YOU. THEN THE JUDGE CAN
MAKE THE BEST DECISION ABOUT WHAT
YOU NEED, WHERE YOU SHOULD LIVE, AND
WHAT SHOULD BE THE PLAN FOR
YOUR FUTURE.

WHAT PEOPLE ARE IN COURT?

USUALLY YOUR DYFS CASE
MANAGER, A LAWYER FOR DYFS
CALLED A DEPUTY ATTORNEY
GENERAL, A LAW GUARDIAN LIKE
ME REPRESENTING CHILDREN OR
YOUTH LIKE YOU, AND OF COURSE
THE JUDGE. WHEN PARENTS ARE
STILL INVOLVED WITH THEIR
CHILDREN, THE PARENTS WILL
ALSO BE IN COURT ALONG
WITH THE PARENTS'
LAWYERS.





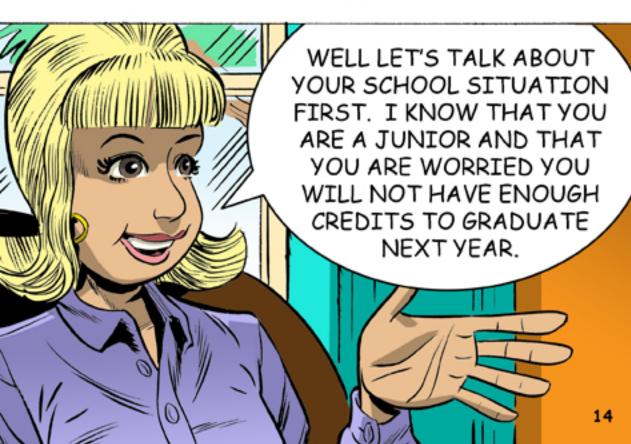


EVERY KID IN FOSTER CARE HAS A LONG TERM GOAL. DIFFERENT GOALS INCLUDE: RETURNING TO LIVE WITH A PARENT, GOING TO LIVE WITH A RELATIVE, ADOPTION OR FINDING A NEW FOREVER FAMILY, AND INDEPENDENT LIVING. YOU MUST BE 16 FOR A GOAL OF INDEPENDENT LIVING.

MEETING TO WRITE UP NICOLE'S TRANSITIONAL PLAN FOR ADOLESCENTS

THANK YOU ALL FOR COMING TODAY. THIS
IS A VERY IMPORTANT MEETING. WE ARE ALL HERE
TO HELP NICOLE PUT TOGETHER A PLAN FOR HER
FUTURE. NICOLE, DO YOU HAVE ANY THOUGHTS
ABOUT WHAT YOU WOULD LIKE TO DO?





THE IMPORTANT THING IS TO TALK TO YOUR GUIDANCE COUNSELOR TO FIGURE OUT WHAT YOU NEED TO GET YOUR HIGH SCHOOL DIPLOMA. REMEMBER YOU CAN STAY IN SCHOOL UNTIL YOU ARE 20 OR GRADUATE FROM HIGH SCHOOL. YOU CAN ALWAYS WORK TOWARDS GETTING A GED. BUT SINCE YOU ARE ONLY 17, I THINK YOU CAN GRADUATE HIGH SCHOOL. ALSO, IF YOU NEED A LITTLE EXTRA HELP AND TUTORING, BILL CAN FIND YOU A PROGRAM OR TUTOR.



YOUTH IN SPECIAL EDUCATION:

- YOU CAN STAY IN SCHOOL UNTIL YOU ARE 22 OR GRADUATE FROM HIGH SCHOOL.
- YOU MAY BE ABLE TO GET JOB TRAINING AND OTHER SERVICES TO HELP YOU AFTER YOU GRADUATE. THESE ARE CALLED "TRANSITION SERVICES". THEY BEGIN AT THE AGE OF 16.
- AT THE AGE OF 18, YOU CAN BEGIN TO MAKE DECISIONS ABOUT YOUR EDUCATION FOR YOURSELF. THIS MEANS YOU CAN SIGN YOUR OWN INDIVIDUALIZED EDUCATION PLAN (CALLED AN IEP), HAVE A SAY IN WHERE YOU GO TO SCHOOL, WHAT CLASSES YOU TAKE, AND WHAT TRANSITION SERVICES YOU GET.

AFTER HIGH SCHOOL, THERE IS
A PROGRAM CALLED THE NJ FOSTER CARE
SCHOLARS PROGRAM THAT HELPS YOUTH IN
DYFS PLACEMENTS PAY FOR COLLEGE OR JOB
TRAINING SCHOOLS. IT CAN PAY FOR THINGS
LIKE TUITION, HOUSING, FOOD, BOOKS,
TRANSPORTATION, COMPUTERS, AND EVEN
THINGS LIKE CHILD CARE COSTS. IT IS RUN
BY FOSTER AND ADOPTIVE FAMILY
SERVICES (FAFS).



YOU CAN DOWNLOAD THE APPLICATION
AT www.fafsonline.org UNDER NJFC SCHOLARS,
OR CALL THEM AT 1-800-222-0047. WHEN YOU
CALL, YOU SHOULD ASK THEM ABOUT
SCHOLARSHIPS. DYFS FIGURES OUT WHO IS
ELIGIBLE. SINCE YOU HAVE BEEN IN DYFS CARE
FOR A LONG TIME, YOU WILL PROBABLY QUALIFY.

HERE'S THE DEAL ON WHETHER YOU CAN GET HELP FROM DYFS TO PAY FOR COLLEGE:

YOUTH QUALIFY WHO ARE OR WERE IN A DYFS PLACEMENT:

- FOR 9 MONTHS OR MORE AFTER THEIR 16TH BIRTHDAY: OR
- AFTER THE AGE OF 14 FOR A TOTAL OF 18 MONTHS; OR
- HAVE LIVED IN AN INDEPENDENT LIVING ARRANGEMENT, OR TRANSITIONAL LIVING PROGRAM FOR 3 MONTHS OR MORE;

YOUTH WHO WERE ADOPTED FROM THE DYFS SYSTEM:

- AFTER THE AGE OF 16; OR
- AFTER THE AGE OF 12 IF THE YOUTH IS STILL RECEIVING ADOPTION SUBSIDIES AT THE TIME OF APPLICATION

YOUTH WHO WERE PLACED IN KINSHIP LEGAL GUARDIANSHIP(KLG) FROM THE DYFS SYSTEM:

- AFTER THEIR 16TH BIRTHDAY
- LIVED IN A DYFS PLACEMENT FOR 18 MONTHS AFTER THE AGE OF 14 BEFORE BEING PLACED IN KLG

YOU MUST ALSO:

- BE BETWEEN 16 AND 22 YEARS OLD WHEN YOU FIRST APPLY;
- HAVE A HIGH SCHOOL DIPLOMA OR GED;
- BE ACCEPTED AT A SCHOOL THAT ACCEPTS FEDERAL FUNDING: AND
- FILL OUT A FREE APPLICATION FOR FEDERAL STUDENT AID, OR FAFSA;
- HAVE A VALID E-MAIL ADDRESS;
- APPLY FOR EDUCATION OPPORTUNITY
 EDUCATION FUND(EOF) IF GOING TO A NJ
 SCHOOL THAT HAS THE EOF PROGRAM

YOU CAN DOWNLOAD THE FAFSA APPLICATION AT www.fafsa.ed.gov, OR YOU CAN CALL 1-800-4-FED-AID.



I AM THINKING OF GOING TO A VOCATIONAL SCHOOL OR COMMUNITY COLLEGE. COULD I STILL GET THE GRANT?





YES. YOU CAN STILL GET THE GRANT FOR COMMUNITY COLLEGE OR VOCATIONAL SCHOOL. DEPENDING UPON YOUR ELIGIBILITY, IF YOU GO TO PUBLIC NJ COLLEGE, OR UNIVERSITY FULL TIME, THE PROGRAM MAY PAY FOR ALL TUITION AND FEES. IF YOU GO TO A PRIVATE SCHOOL, AN OUT OF STATE SCHOOL, OR GO TO SCHOOL PART TIME, YOU MAY GET UP TO \$5000 PER YEAR. BUT YOU WOULD STILL GET FEDERAL AID AS WELL. THE IMPORTANT THING IS TO CALL FAFS AT 1-800-222-0047.

I'M GLAD I CAN
GET HELP PAYING FOR
SCHOOL. WHEN I'M DONE,
ARE THERE PLACES THAT
CAN HELP ME FIND
A JOB?





SCHOOLS USUALLY HAVE A CAREER SERVICES DEPARTMENT THAT HELPS STUDENTS FIND JOBS, AND EVERY COUNTY IN NEW JERSEY HAS AT LEAST ONE "ONE STOP CAREER CENTER". THEY ARE CENTERS THAT HELP PEOPLE FIND JOBS.

MANY OF THEM ALSO HAVE COUNSELORS AND JOB TRAINING PROGRAMS FOR YOUTH.

NOTE ON JOB TRAINING PROGRAMS:

EVERY COUNTY IN NJ HAS JOB
TRAINING PROGRAMS FOR YOUTH IN DYFS CARE.
SOMETIMES THE COUNTIES PAY A LOCAL COMMUNITY
COLLEGE OR OTHER AGENCY TO RUN THE PROGRAM.
ASK ABOUT THESE JOB TRAINING PROGRAMS AT
YOUR LOCAL ONE STOP CAREER CENTER.

FOR MORE INFORMATION ON JOB TRAINING PROGRAMS, GO TO http://lwd.dol.state.nj.us/labor/wnjpin/wnjpin_index.html and follow these steps:

- Click on "Career Development"
- Click on "Education and Training"
- Under the Find the Right School section, click "more"
- Under the Vocational/Technical Education section, click "more"
- Click "Get Started and Search for Training"
- Then you can search by the type of job training you want or
- Click on the tab that says "Search by Map or Zip" to search for all training programs close to where you live.

FOR THE ONE STOP CAREER CENTER NEAREST YOU CHECK http://lwd.dol.state.nj.us/labor/wnjpin/findjob/onestop/services.html

ANOTHER HELPFUL WEBSITE FOR CAREER INFORMATION IS www.njnextstop.org

I HAVE A LOT OF QUESTIONS ABOUT SOMEDAY LIVING ON MY OWN. I'VE NEVER HAD TO DO THINGS LIKE GO GROCERY SHOPPING OR COOK FOR MYSELF. I DON'T EVEN HAVE MY OWN BANK ACCOUNT.



DON'T WORRY. THERE ARE PROGRAMS THAT TEACH YOU THINGS LIKE BALANCING A BUDGET, OPENING A CHECKING ACCOUNT, FINDING A PLACE TO LIVE, COOKING, AND SHOPPING. I'LL MAKE SURE YOU ARE SIGNED UP FOR ONE OF THESE PROGRAMS. THE PROGRAMS ARE USUALLY CALLED "LIFE SKILLS" CLASSES.



ANYONE WHO IS 14 OR OLDER AND LIVING IN A DYFS PLACEMENT, OR WHO IS 16 OR OLDER AND HAS BEEN IN A DYFS PLACEMENT FOR AT LEAST 6 MONTHS, CAN TAKE LIFE SKILLS CLASSES. YOU MAY NEED TO REMIND YOUR CASE MANAGER TO MAKE A REFERRAL FOR THESE CLASSES.

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THERE ARE PLACES
WHERE YOU COULD
LIVE WITH OTHER
FOSTER YOUTH CALLED
TRANSITIONAL LIVING
PROGRAMS.



IMPORTANT

THERE IS MONEY TO HELP YOU IF:

- YOU ARE 16 OR OLDER AND ARE WORKING WITH AN INDEPENDENT LIVING SKILLS OR TRANSITIONAL LIVING PROGRAM; OR
 YOU ARE 18 OR OLDER AND ARE WORKING WITH AN
- YOU ARE UNDER 21 YEARS OLD AND WERE IN A DYFS PLACEMENT ON YOUR 18TH BIRTHDAY, LEFT, AND THEN RE-APPLIED FOR SERVICES.

AFTERCARE AGENCY: OR

THE MONEY CAN BE USED TO PAY FOR:

- SCHOOL APPLICATION FEES;
 - JOB PLACEMENT FEES;
- SECURITY DEPOSITS, RENT, AND FURNITURE;
 - DRIVING LESSONS;
 - MENTORING SERVICES;
 - TUTORING.

NOTE: TRANSITIONAL LIVING PROGRAMS, LIFE SKILLS CLASSES, AND SOME MONEY ALSO ARE AVAILABLE FOR YOUTH, AGE 16 TO 21, WHO ARE HOMELESS, BUT WHO HAVE NOT BEEN INVOLVED WITH DYFS.

WHAT HAPPENS TO YOUTH WHO CLOSE THEIR CASES WHEN THEY ARE 18?

> DYFS REFERS THEIR CASES TO AN "AFTERCARE PROGRAM". IT HELPS YOUTH APPLY TO COLLEGE OR VOCATIONAL PROGRAMS, APPLY FOR SCHOLARSHIPS, FIND HOUSING, AND LOOK FOR A JOB. THESE PROGRAMS ALSO CAN GIVE YOUTH MONEY TO PAY FOR APARTMENT SECURITY DEPOSITS. A COUPLE OF MONTHS RENT, FURNITURE, DRIVING LESSONS, AND OTHER THINGS.

WHAT HAPPENS TO MY HEALTH INSURANCE? WILL I HAVE TO START PAYING FOR DOCTOR'S VISITS AND PRESCRIPTIONS AFTER I TURN 18?



NO. YOU WILL GET HEALTH INSURANCE THROUGH THE STATE UNTIL YOU TURN 21. IT IS CALLED THE MEDICAID EXTENSION FOR YOUNG ADULTS (MEYA).

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MPORTANT HERE IS THE DEAL ON HEALTH INSURANCE:

THE MEDICAID EXTENSION FOR YOUNG ADULTS (MEYA)
PROVIDES HEALTH INSURANCE TO YOUTH WHO ARE IN A DYFS
PLACEMENT WHEN THEY TURN 18. IT LASTS FROM AGE
18 - THROUGH THE MONTH OF YOUR 21ST BIRTHDAY.

TO APPLY, CALL 1-888-235-4766.

CALL 1-888-235-4766 IF:

- YOU DON'T GET YOUR MEDICAID CARD;
 - YOU LOSE YOUR CARD; OR
 - YOU MOVE TO A NEW ADDRESS.

YOU WILL LOSE COVERAGE IF:

- YOU BECOME ELIGIBLE FOR TANF OR SSI, OR
 - YOU ARE PUT IN JAIL, OR
- YOU MOVE OUT OF STATE. IF YOU RETURN TO NJ BEFORE YOU TURN 21, YOU CAN RESTART COVERAGE.

NICOLE, I HAVE FILLED OUT A FORM
THAT EXPLAINS YOUR PLAN. I AM GOING TO
GIVE YOU, ANN, AND BETTY A COPY. I WILL BE
TALKING WITH YOU EVERY MONTH TO SEE HOW
YOU ARE DOING, AND REMEMBER THAT ANN,
BETTY, AND I ARE HERE TO HELP YOU. SO
ANYTIME YOU HAVE A QUESTION OR A
PROBLEM, JUST LET ONE OF US KNOW.



NOTE: YOU DO NOT NEED A "TRANSITIONAL PLAN FOR ADOLESCENTS" TO BE IN PROGRAMS LIKE LIFE SKILLS CLASSES, TRANSITIONAL LIVING, AFTERCARE, THE NJ FOSTER CARE SCHOLARS PROGRAM, SCHOLARSHIPS/GRANTS, AND MEDICAID COVERAGE. THESE PROGRAMS ARE AVAILABLE TO ALL YOUTH IN DYFS CUSTODY.



Child Placement Advisory Council: www.njcpac.org

College Financial Aid Form: www.fafsa.ed.gov; 1-800-4-FED-AID

College Grants and Scholarships: <u>www.fafsonline.org</u>; 1-800-222-0047

Job Training Programs: http://lwd.dol.state.nj.us/labor/wnjpin/wnjpin_index.html

Medicaid: 1-888-235-4766

Office of the Child Advocate: <u>www.childadvocate.nj.gov</u> 1-877-543-7864

One Stop Career Centers: http://lwd.dol.state.nj.us/labor/wnjpin/findjob/onestop/services.html

New Jersey Next Stop: www.njnextstop.org

Rutgers Child Advocacy Center: 973-353-3196



